



SADIE DRESS



SIZES XXS - XL

SEWING LEVEL ADVANCED BEGINNER

Sadie Slip Dress - this classic bias cut dress can be worn on its own as the perfect summer slip, under sheer dresses or as a nightgown. For a more casual look, Sadie looks great worn with a fitted t-shirt underneath or paired back with a jacket or cardigan. Features include a shaped neckline with facings, spaghetti straps and ***optional back darts.**

Suitable fabrics for the Sadie Slip Dress include silk satin, crepe de chine, viscose, rayon, cotton lawn and lightweight linen.

***Note:** For less drapey fabrics such as cottons and linens, we have included the option to add back darts.

Sizing chart:

Size	XXS	XS	S	M	L	XL
Bust	81cm	86cm	91cm	96cm	101cm	106cm
Waist	69cm	74cm	79cm	84cm	89cm	94cm
Hip	91cm	96cm	101cm	106cm	111cm	116cm

Pattern Pieces:

Front - cut 1 on bias

Back - cut 1 on bias

Straps - cut 2 on bias

Front Facing - cut 1 on bias (plus block fuse)

Back Facing - cut 1 on bias (plus block fuse)

NOTE: Instructions on how to cut front and back neckline Vilene shields are included in sewing instructions.

Notions: thread, loop turner, 30cm interfacing, 30cm tearaway Vilene

Meterage: Size XXS, XS, S, M, L, XL

(120-150cm wide) 2.15mts, 2.20mts, 2.20mts, 2.25 mts, 2.30mts, 2.35mts

Finished length of Sadie Slip Dress from side seam

105.5cm (41½"), 106.5cm (42"), 108cm (42½")

109cm (43"), 110.5cm (43½"), 111.5cm (44")

This slip dress is cut on the bias so will sit shorter on the body and vary in length on

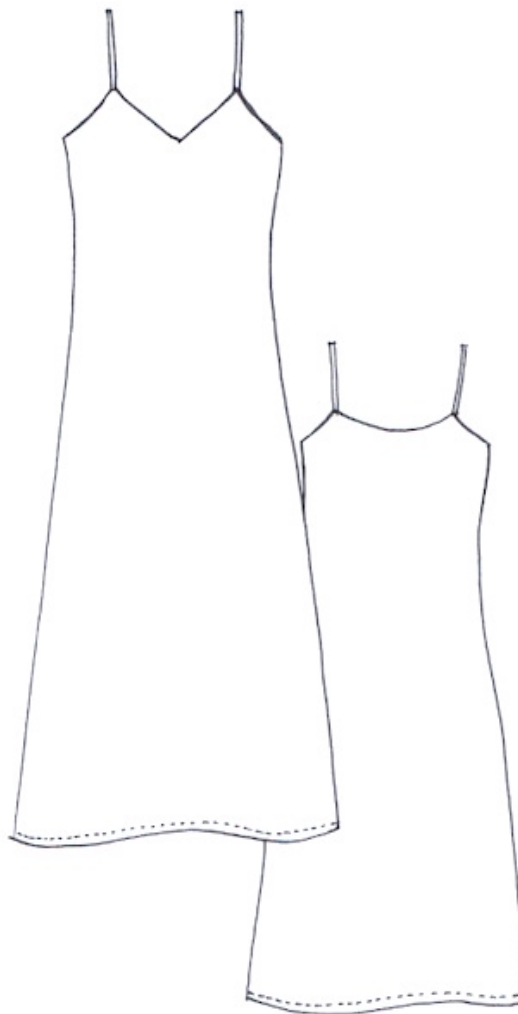
*different body shapes. **NOTE:** you can lengthen or shorten this slip dress from the hem.*

Suggested finished spaghetti strap length: 26.5cm (10½"), 28cm (11"), 29cm (11½"), 30.5cm (12"), 31.5cm (12½"), 33cm (13")

NOTE: *check strap lengths on your body before securing in place*

Seam Allowance: seam allowances are included and are in imperial (inches) not metric (centimetres). Most seams are ½" unless specified otherwise. Please take the seam allowances specified in sewing instructions.

Sewing Level for this pattern: suitable for intermediate through to advanced sewers.



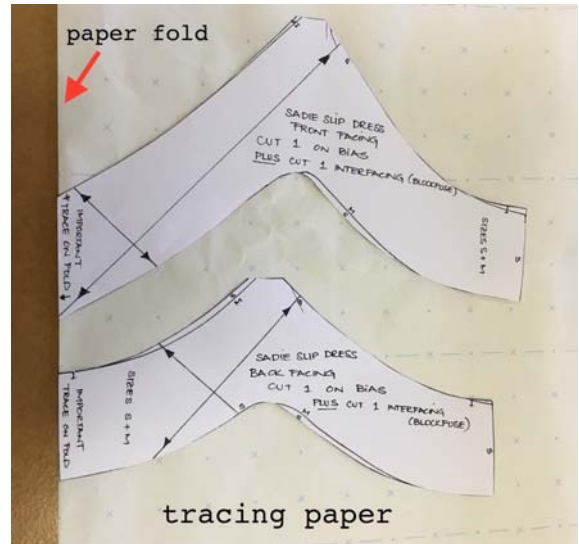
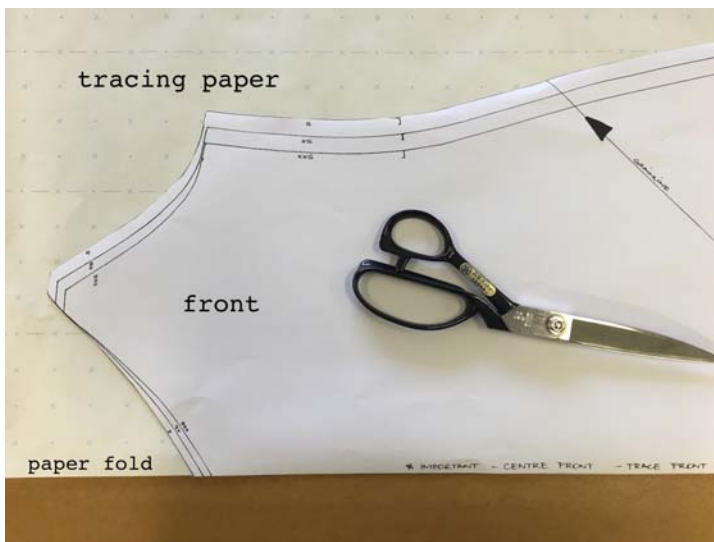
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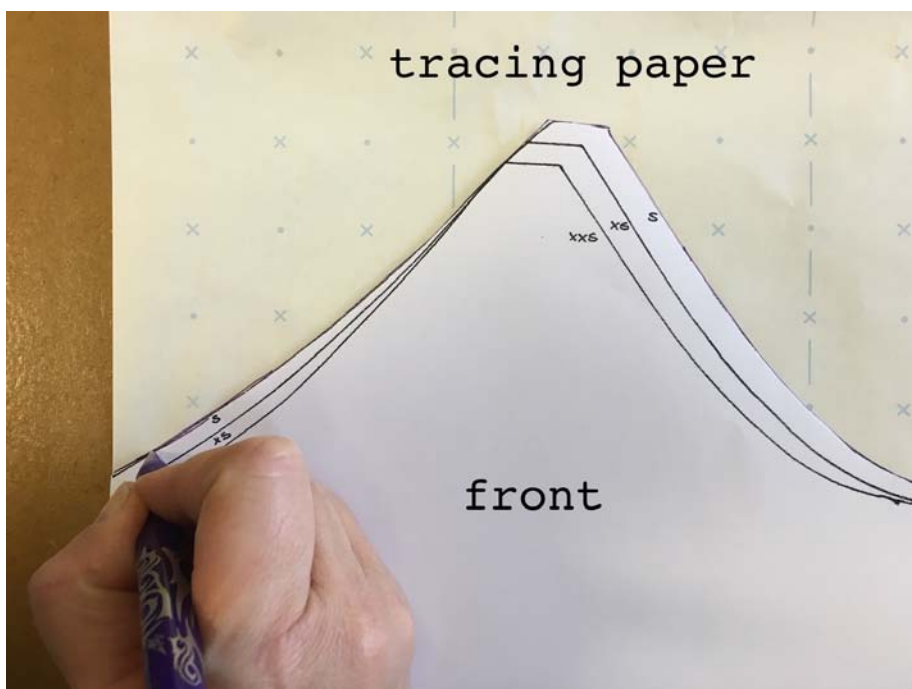
Sadie Slip Dress Sewing Instructions

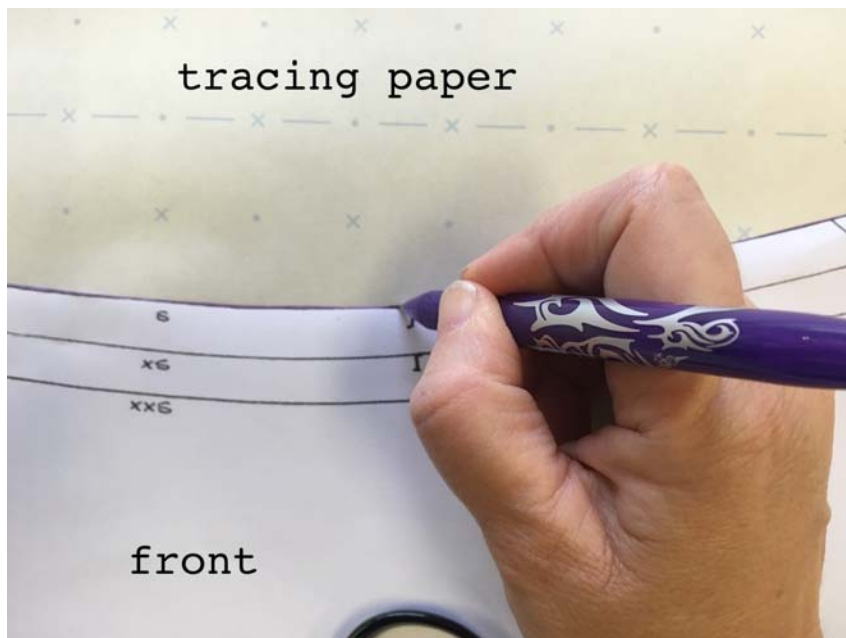
Please read instructions thoroughly before cutting and sewing.

IMPORTANT: Before cutting out your fabric you'll need to prepare your pattern pieces as the front, back and facing pieces are marked out on the half in the pattern layout. To get full pattern pieces, lay out the front, back and facing pieces on tracing paper that has been folded in half, lining up at fold edge of paper (as marked on pattern pieces).

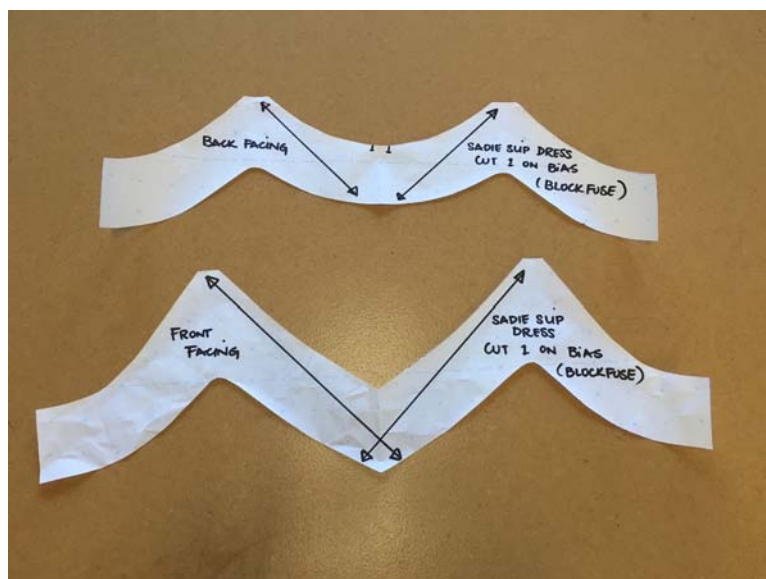
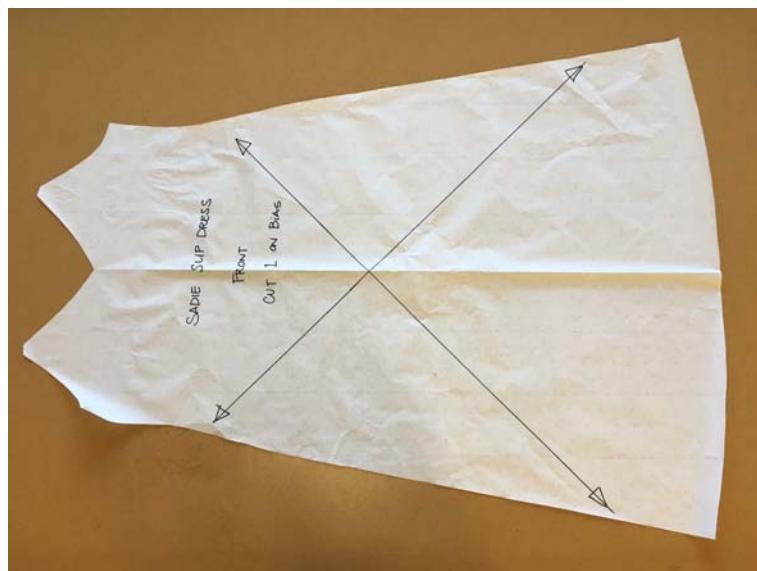


Trace around edges of pattern pieces.



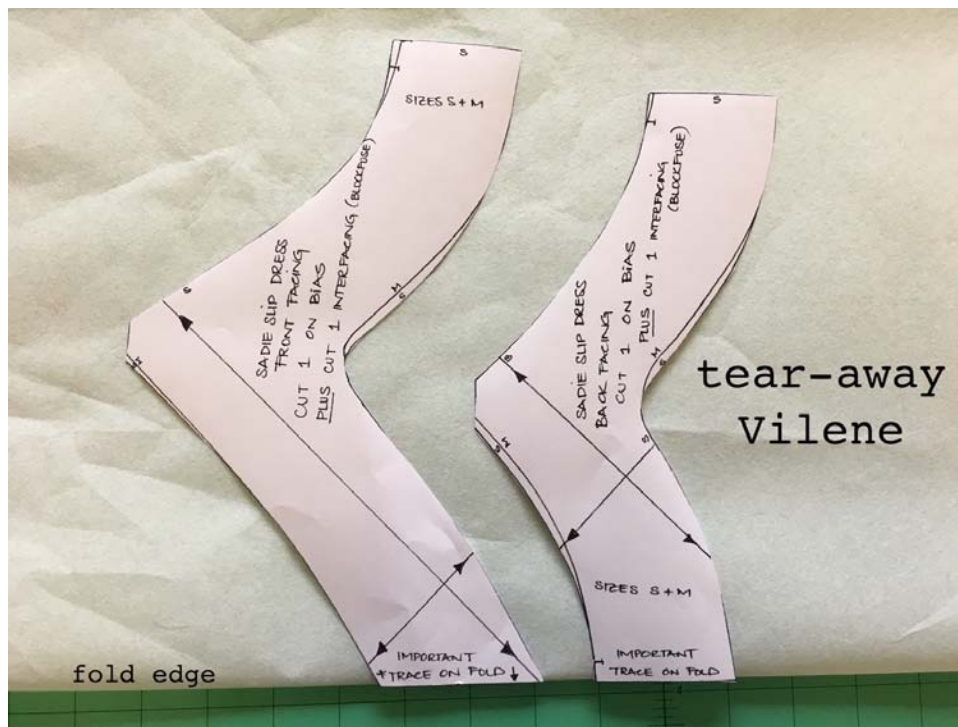


Cut out pattern pieces on fold then open up paper to get full pattern piece. They're now ready to lay out on your fabric, along with the straps.

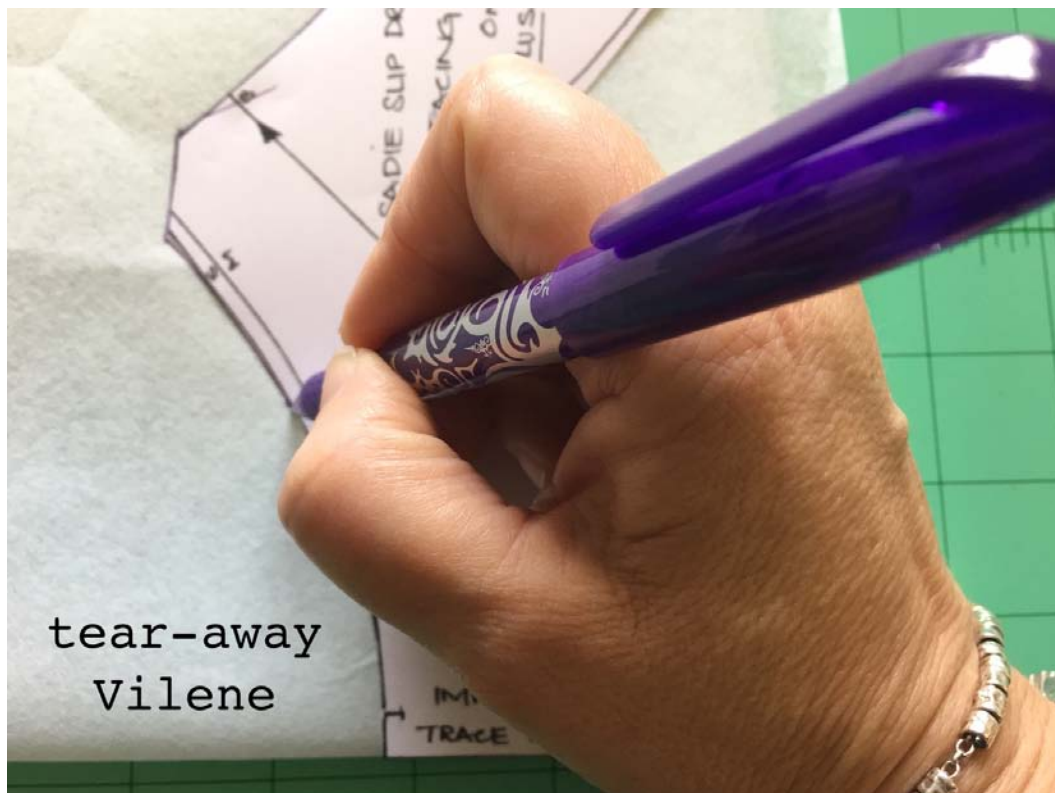


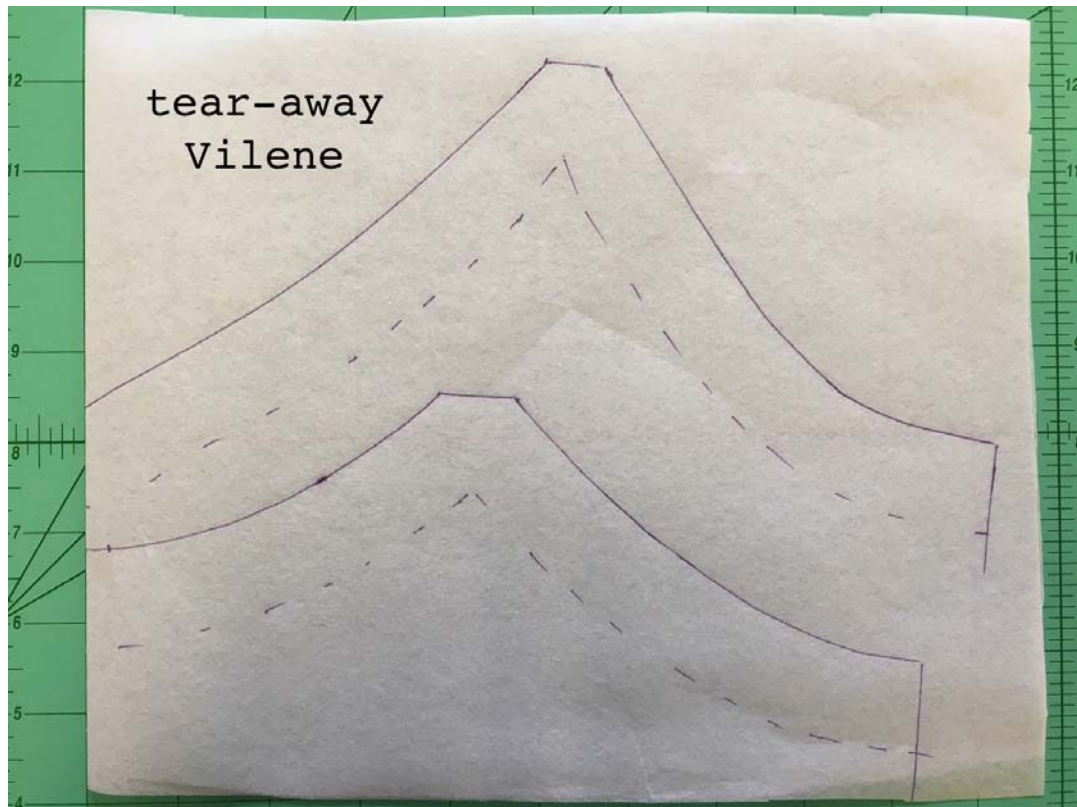
Step 1 - Cut front and back neckline Vilene shields

shields: To cut out your tear-away Vilene shields for front and back neckline, place original front and back facing pattern pieces (or new ones on the fold) on folded tear-away Vilene.

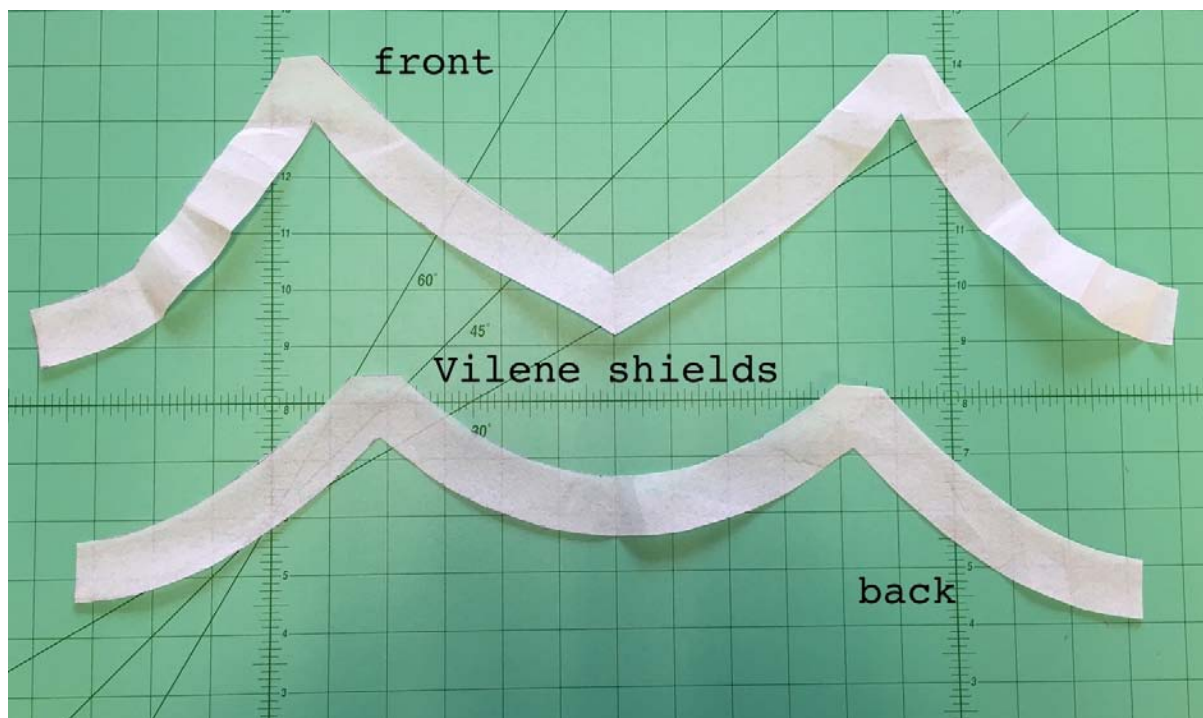


Trace around top edge and down side (approx 1") on both front and back facing pieces. Remove pattern and then free hand shield edge approx 1" in width.



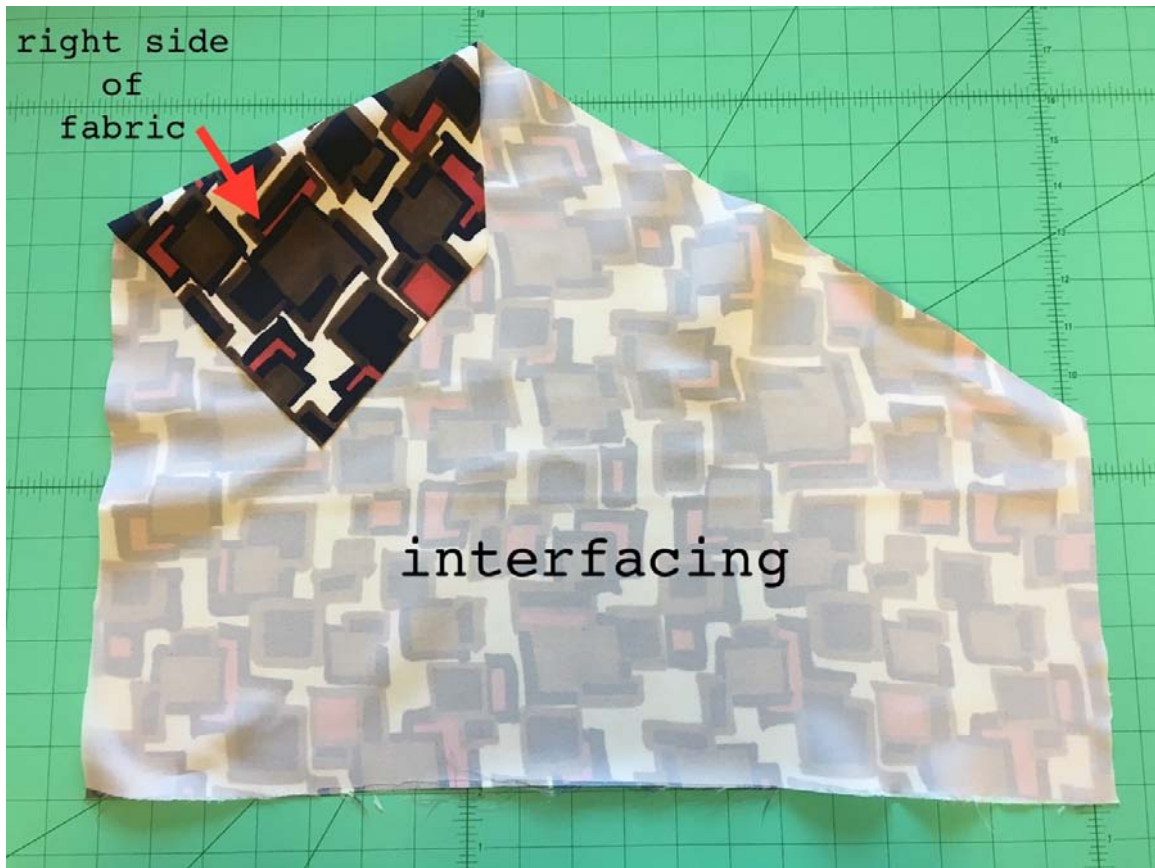


Cut out on fold. These will be your Vilene shields for your front and back neckline.

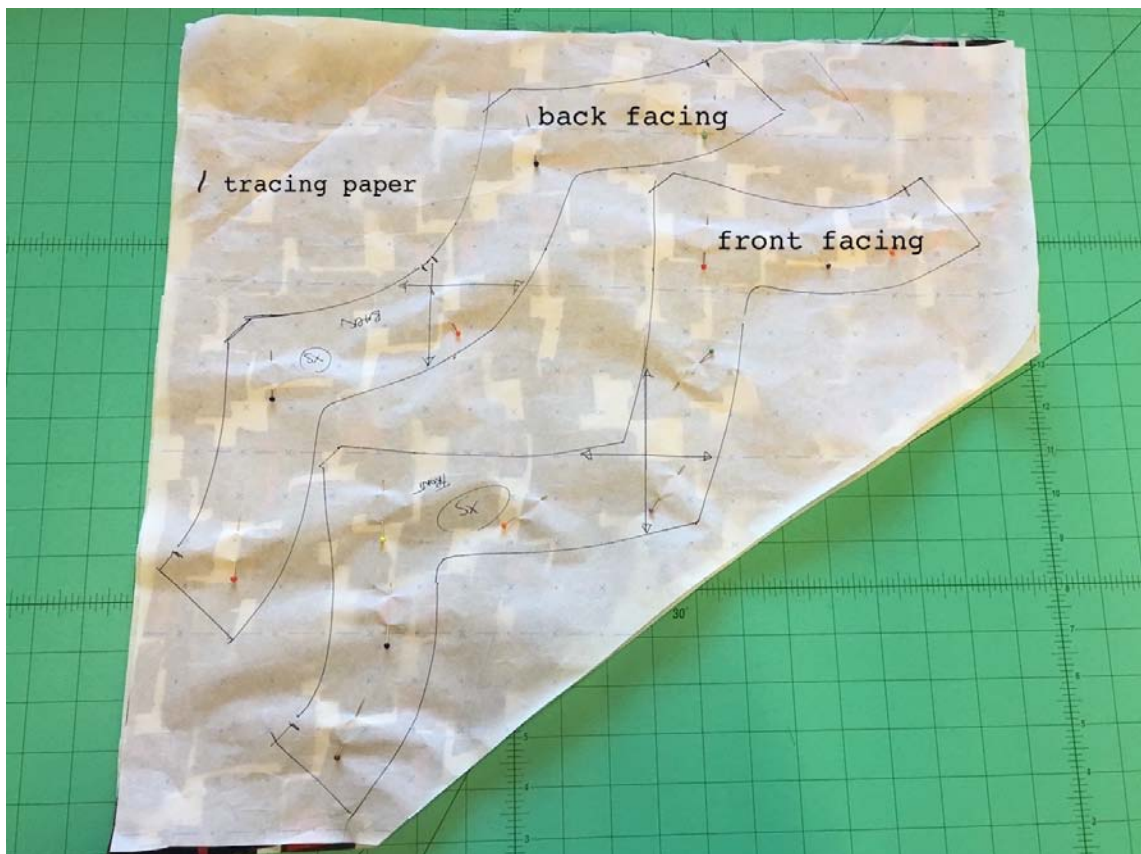


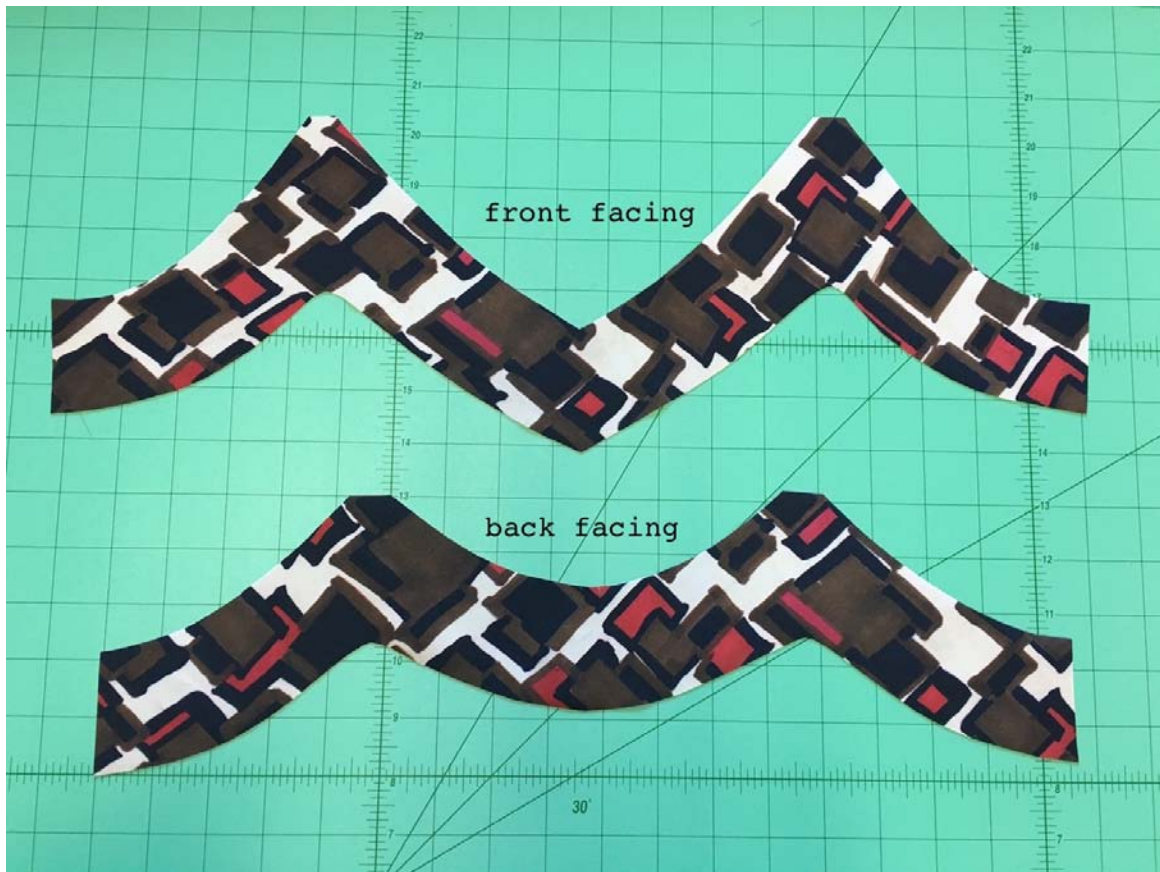
Step 2 - Block fuse fabric for front and back facings: Ensure that facings are cut on the bias. Estimate enough fabric to fit the front and back facings and cut a lightweight interfacing in the

same shape as your fabric block. Iron your interfacing to the wrong side of the fabric block.



Next, place and pin facing pattern pieces back on fabric and cut out facings.

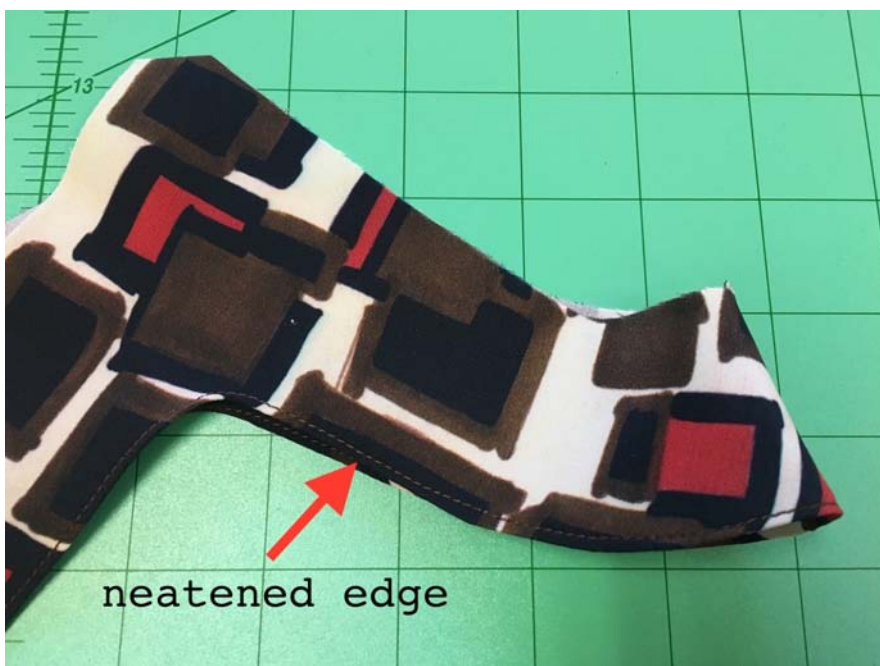
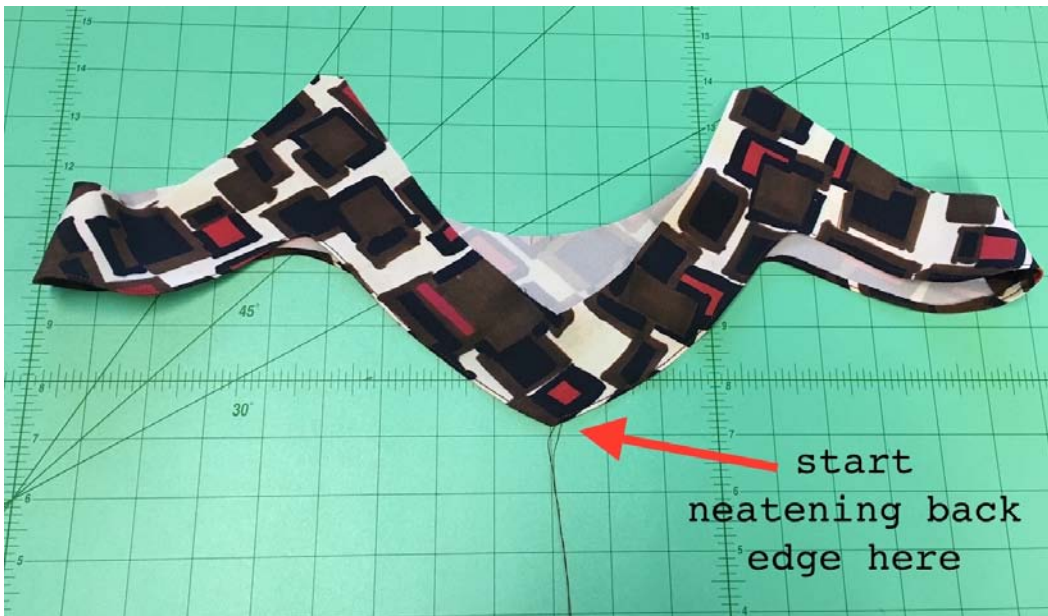




Step 3 - Join together facings: Pin front and back facing side seams with right sides together and sew $\frac{1}{2}$ " seam allowance. Press seams open.

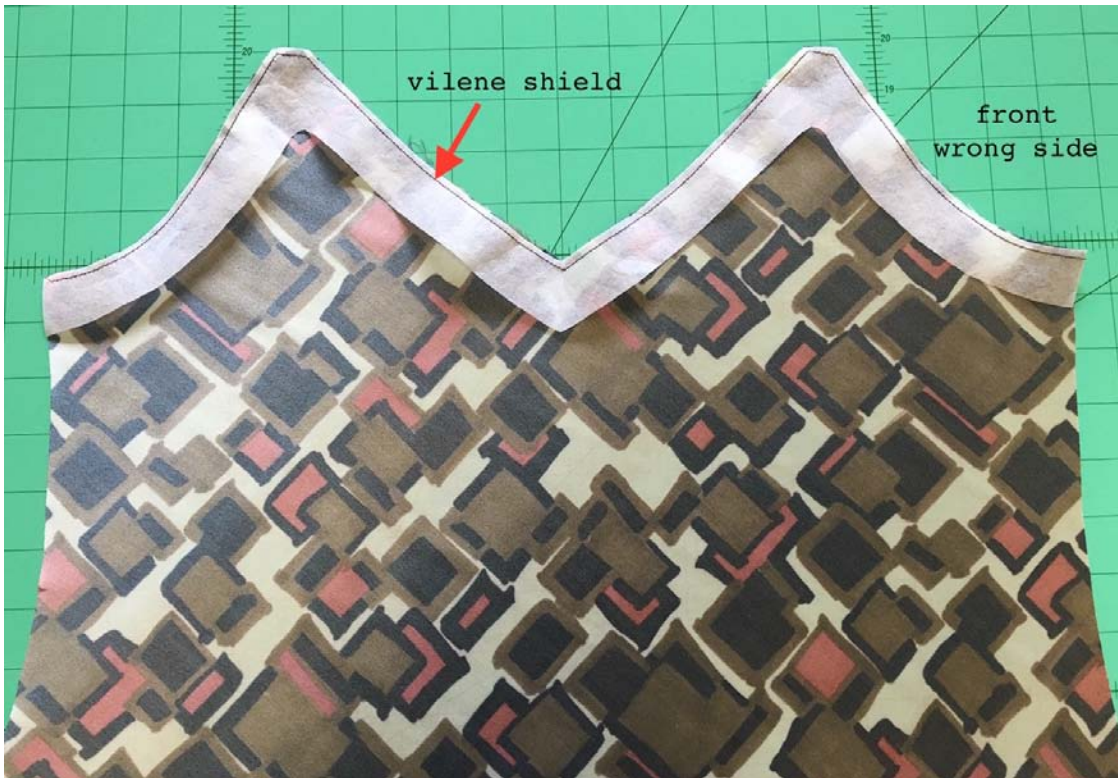


Starting at centre front peak on front facing and finishing at same point, neaten back bottom edge of joined facing, by turning bottom edge in $\frac{1}{8}$ " towards wrong side and stitching in place (refer photos on next page).



Step 4 - Attach Vilene shields to front and back:

Pin and sew Vilene shields (approx 1/8") to front and back neckline edge on wrong side of fabric, close to the edge and inside the neckline seam allowance.

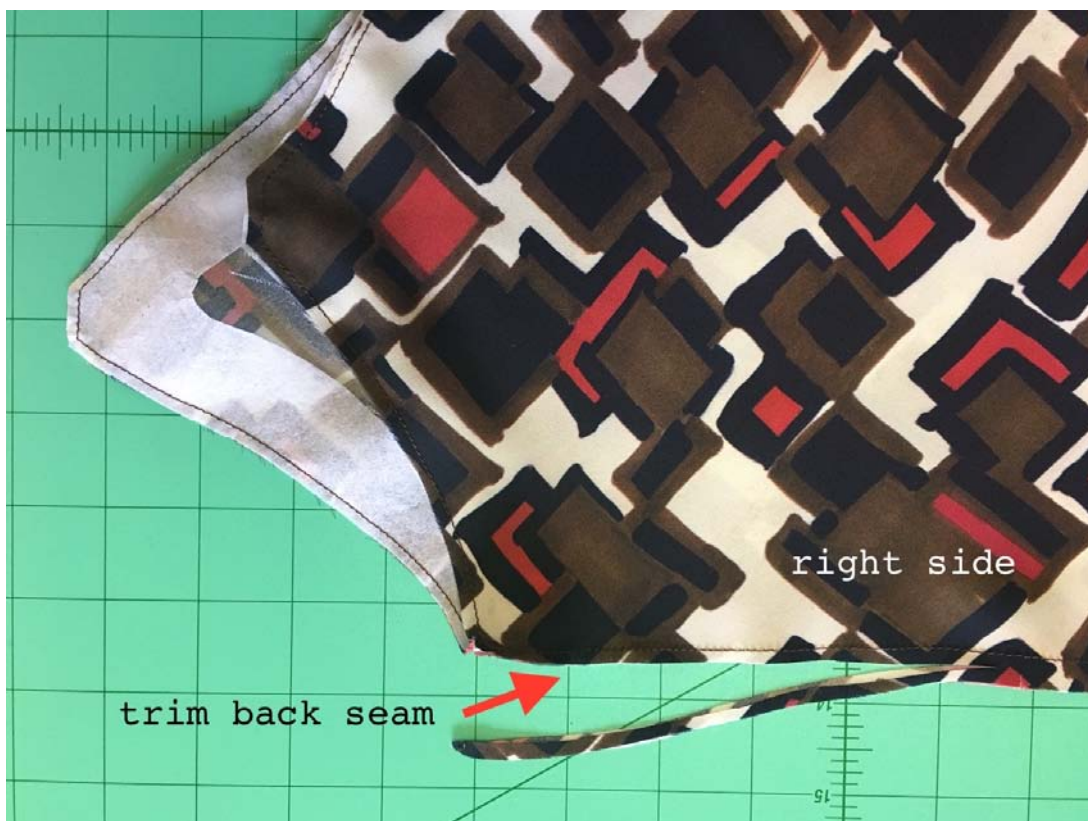


This secures the neckline and prevents it from stretching.

Step 5 - Add (optional) back darts and join side (french) seams: If adding, sew back darts to back of dress. Next, with wrong sides together, pin back and front side seams and sew $\frac{1}{4}$ " seam allowance, beginning at the hemline.



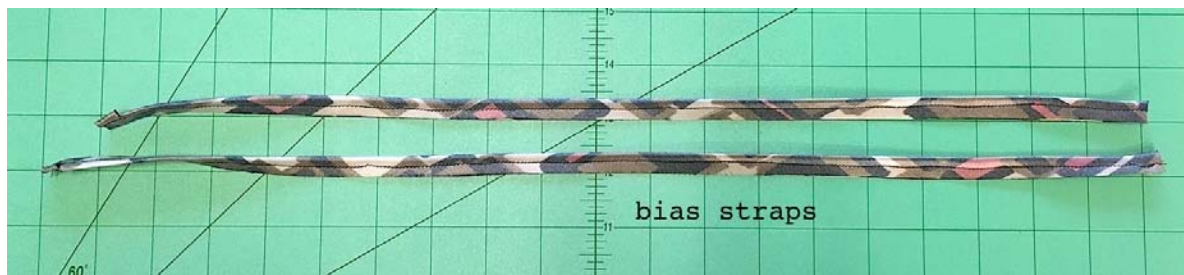
Next, trim back seam by approx $\frac{1}{8}$ " to remove any loose threads.



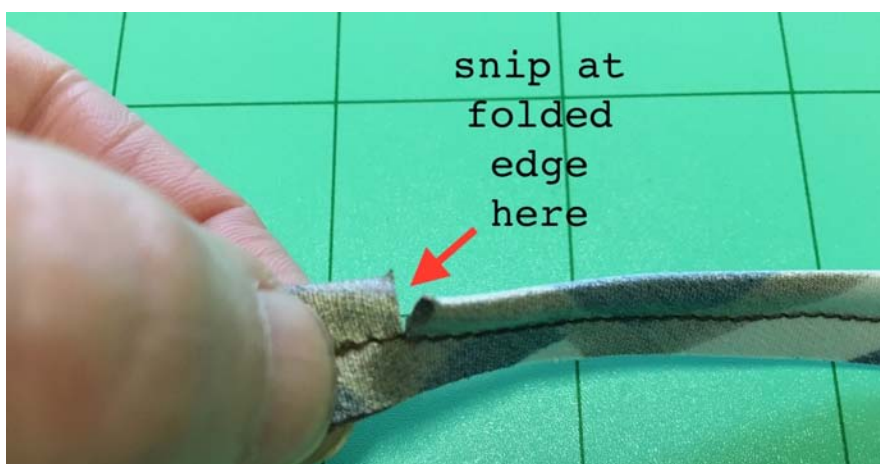
With right sides together, press seam edge of front and back side seam gently. Next, pin in place and sew $\frac{1}{4}$ " seam allowance. Now you should have a lovely french seam along your side seams. Press side seams towards the back.



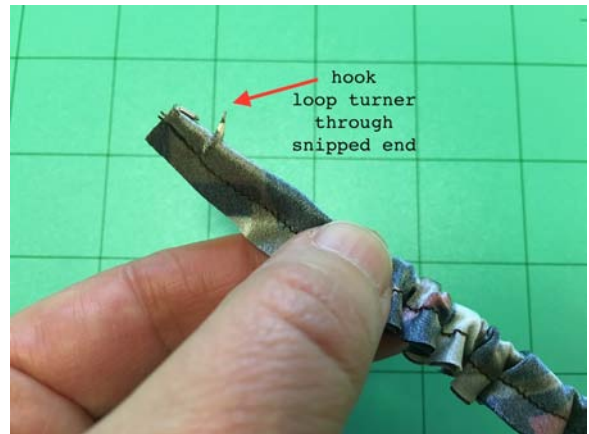
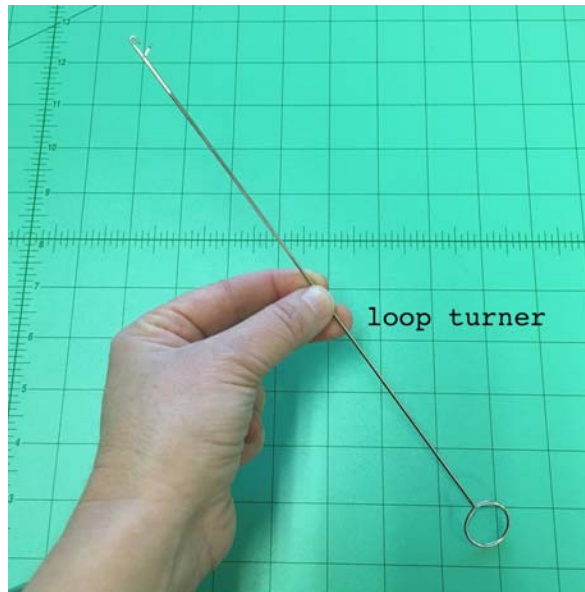
Step 6 - Make the spaghetti straps: Pin bias strap pieces in half with right sides together and sew $\frac{1}{4}$ " seam allowance.



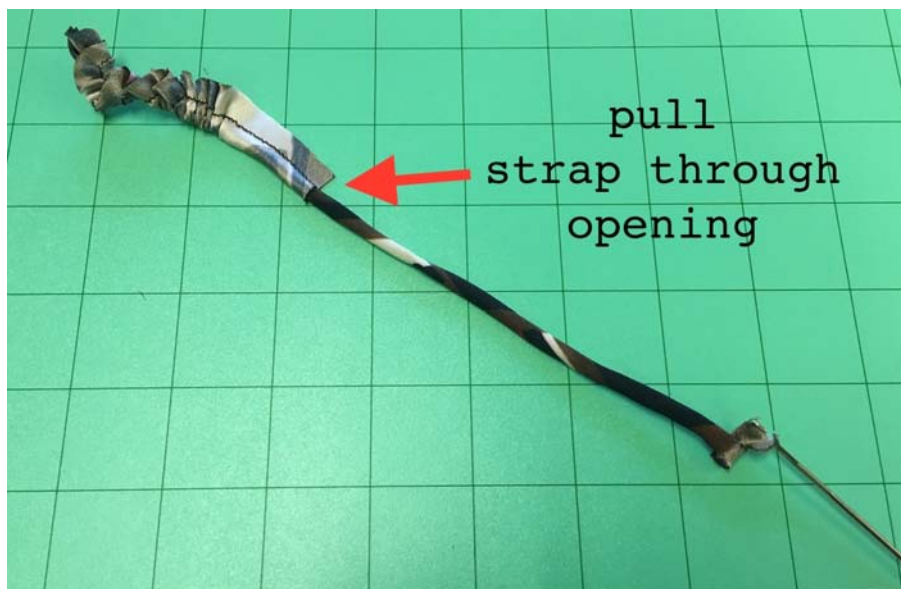
Cut a snip from the folded edge $\frac{1}{2}$ " down from one end.



Feed a loop turner through other end/opening of sewn strap until you come out the other end and hook around snipped edge.



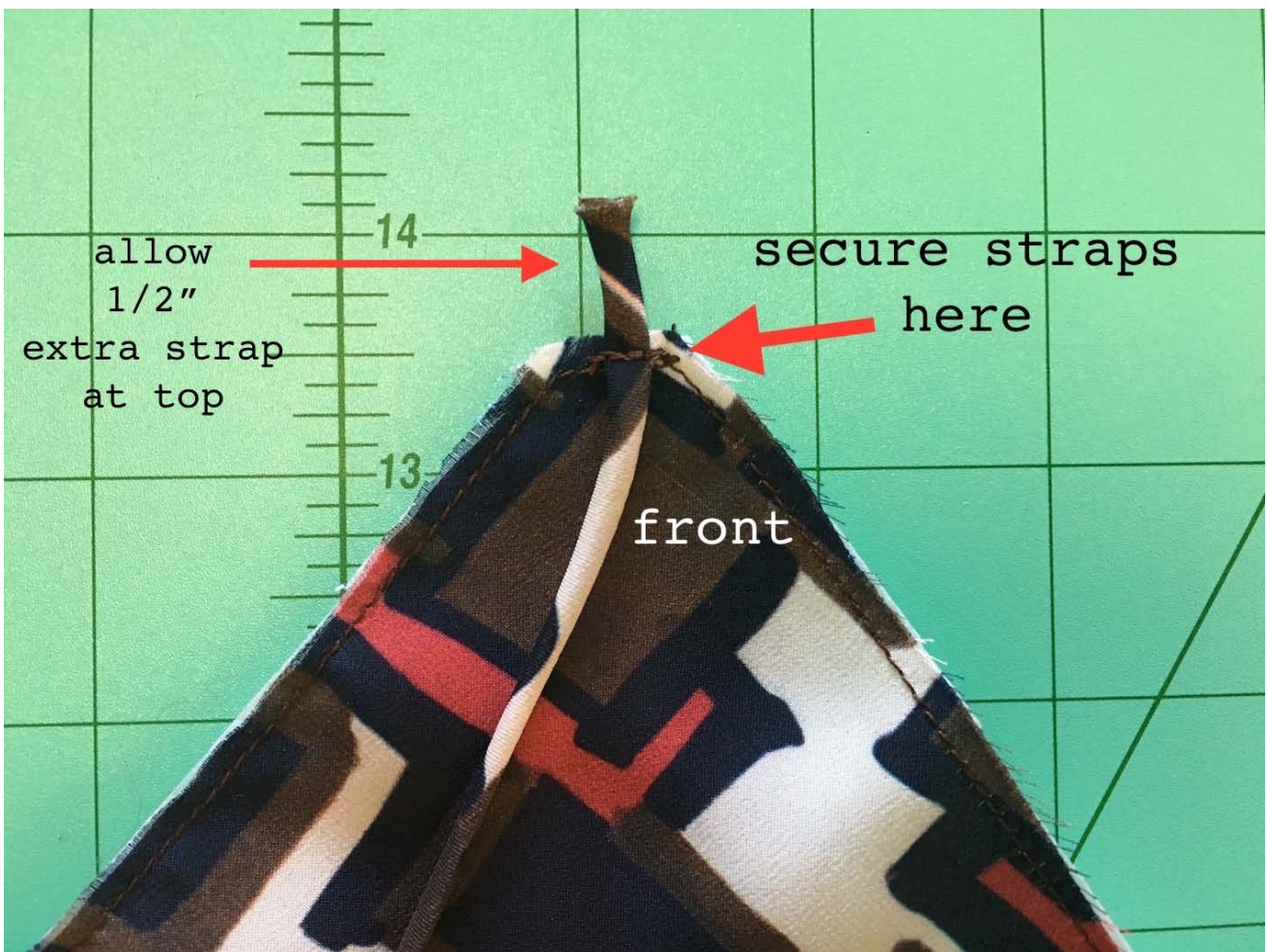
Pull loop turner back through strap opening and your spaghetti strap will be turned out to right side.



Pin straps stretched out onto an ironing board and gently hover over straps with iron, adding steam. DO NOT IRON FLAT.



Step 7 - Attach straps: Attach spaghetti straps to front (at peaks) allowing $\frac{1}{2}$ " extra strap at the top and sew securely into place $\frac{1}{4}$ " in from peaked edge.



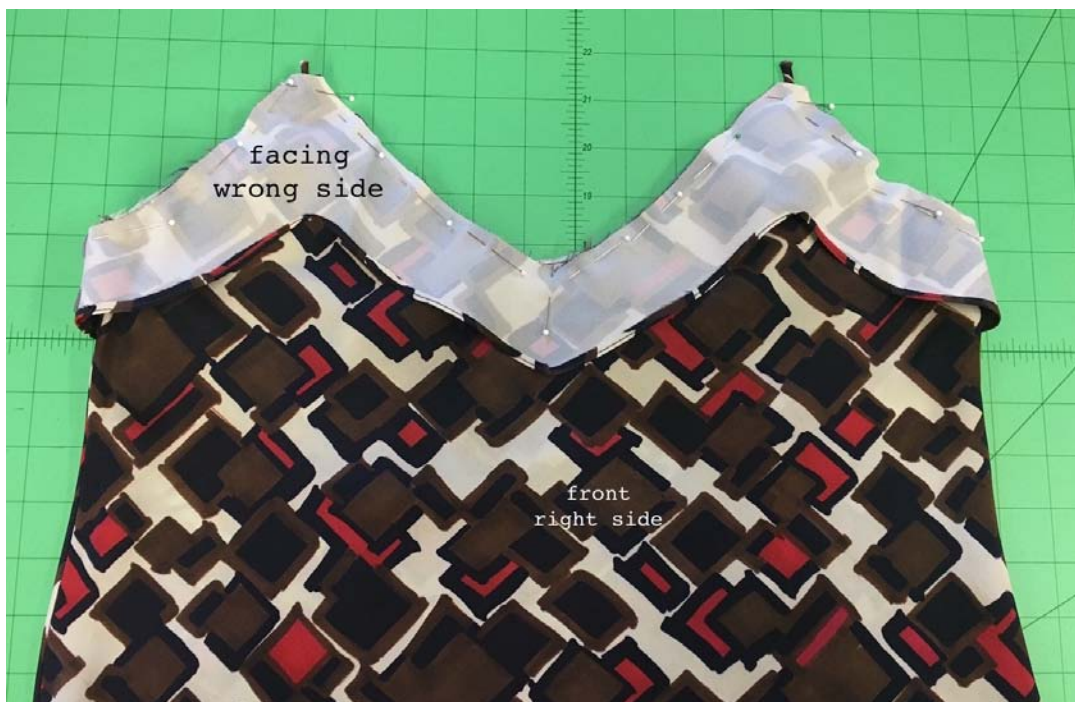
Using the finished strap measurements suggested on the pattern (*see notions page), measure the correct length evenly from the sewn edges of both straps sewn on the front (step 8) and, at this

point, place a pin on the strap. Taking care not to twist straps, place the pinned edge at the peaked tops of the back. Make sure to leave $\frac{1}{2}$ " extra strap at top.

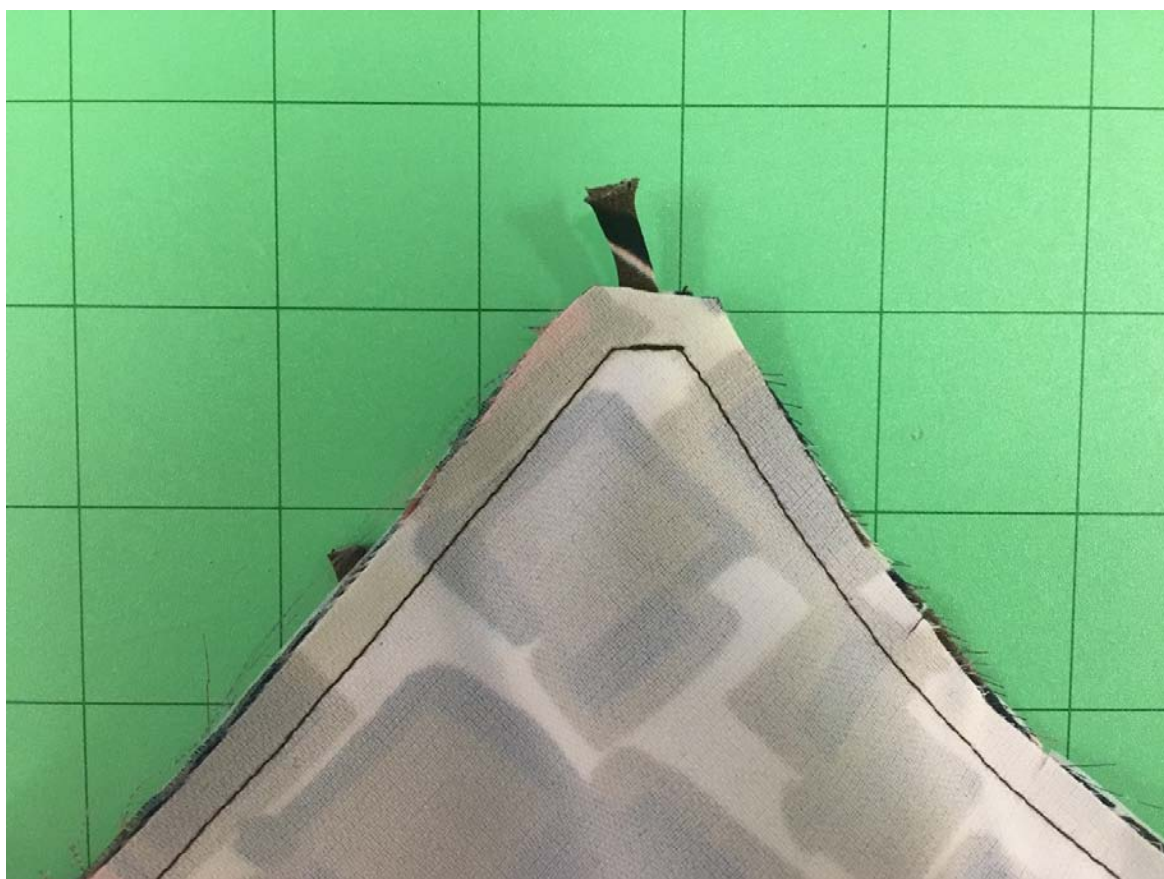


Sew straps securely into place $\frac{1}{4}$ " in from peaked edge.

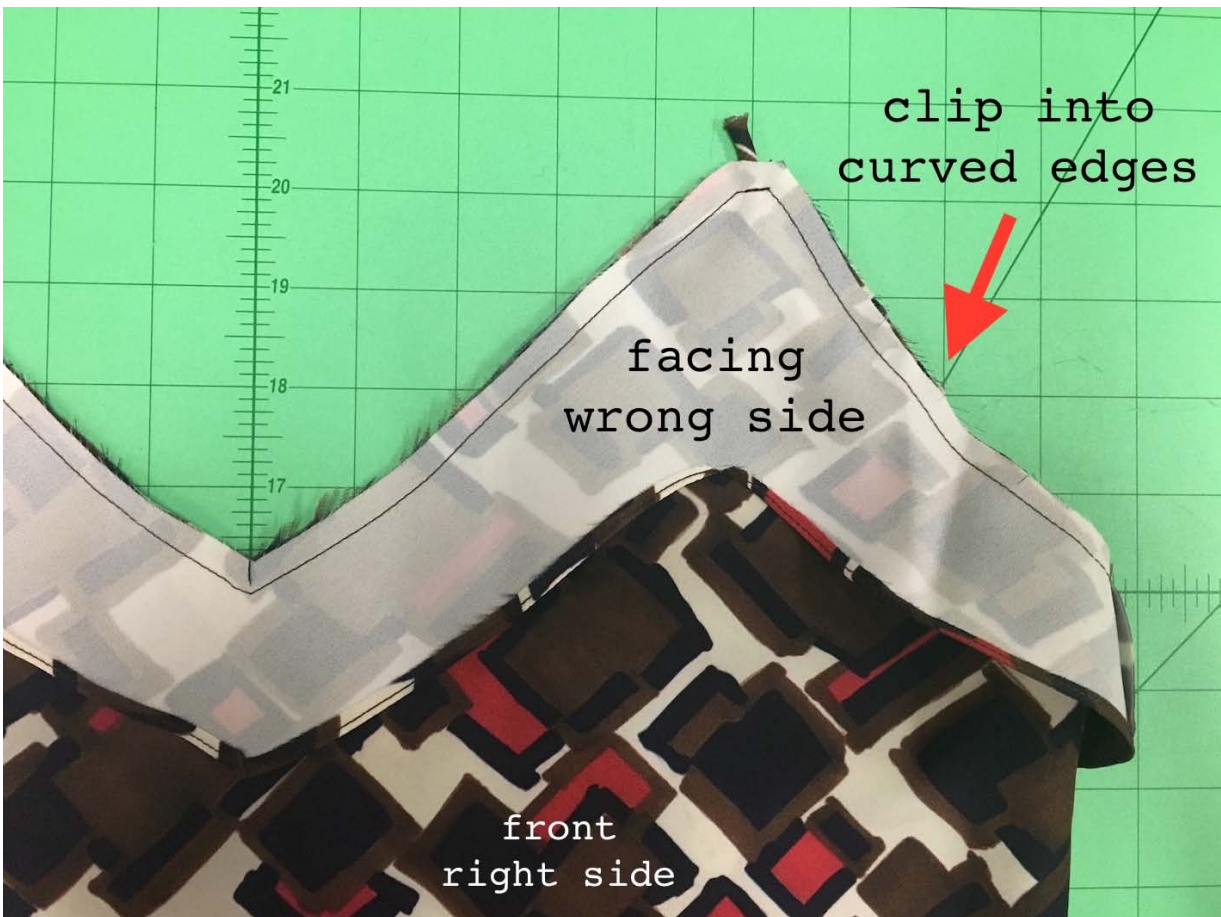
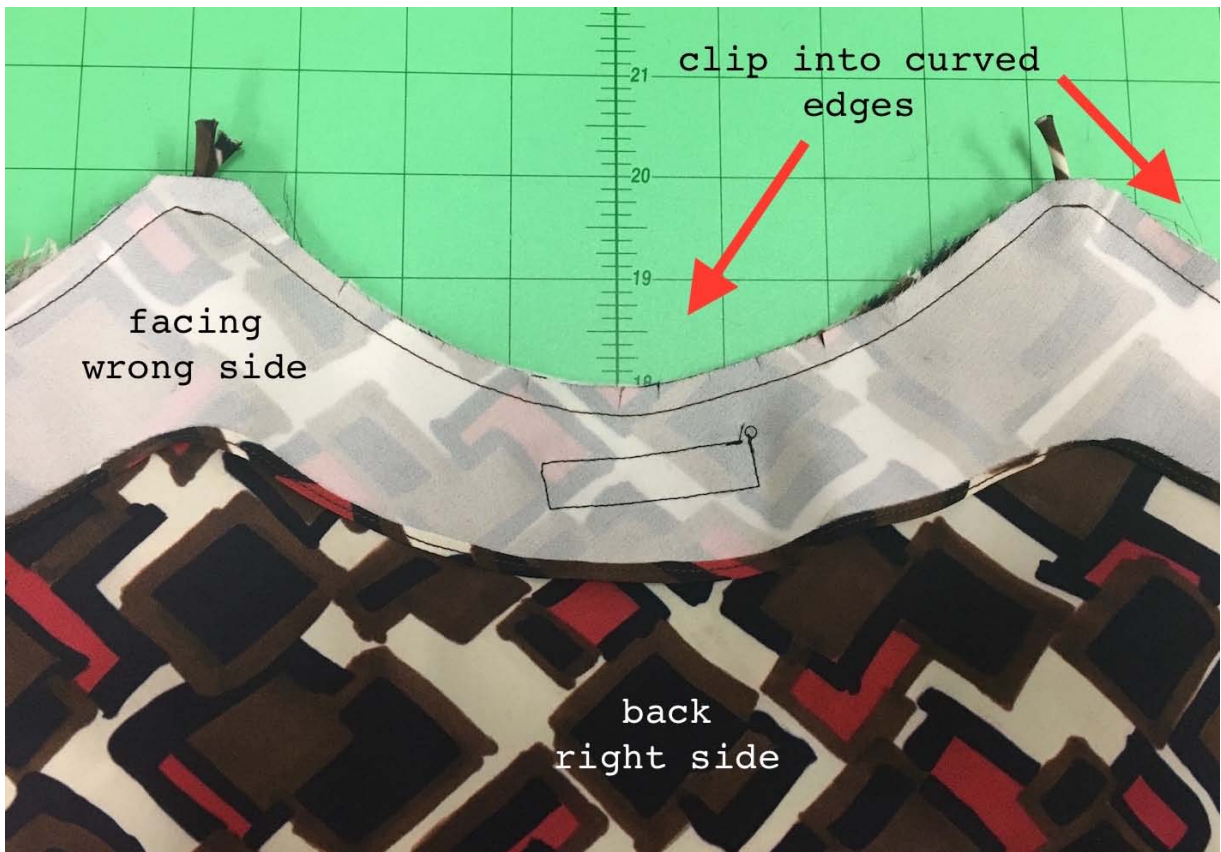
Step 8 - Attach facings: Pin joined facings to slip dress neckline with right sides facing.



Sew $\frac{1}{4}$ " seam allowance around neckline edge, making sure to follow line of peaks where straps are placed.



Clip into curved edge of neckline seam.



Tear away Vilene shields around neckline and armhole edge.

Step 9 - Straps: Turn through straps to right side.



Step 10 - Understitch facing: Next, understitch on right side of facing near neckline seam. **Note:** As the straps will be in the way, you won't be able to edge stitch all the way round the top edge of the facing. Try to get in as close as you can to either side of centre front, underarms and back between straps.





Press facing into place towards wrong side of garment.

To keep facings in place, line up side seams of facing with side seams of garment and pin in place. Secure together by sewing a few rows of stitching into seam and backstitch.



Step 11 - Hem the slip: Staystitch $\frac{1}{4}$ " up from hemline edge on right side of garment.



Double turn hem $\frac{1}{4}$ " (at staystitched edge) towards wrong side and sew in place.



Press and you're done! Enjoy wearing your Sadie Slip Dress.

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